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UNITED FAMILY MEDICINE TRAINING PROGRAM CURRICULUM GOALS AND OBJECTIVES 2012-2013

Rotation: Gynecology
Faculty Administrator: Setsuko Hosoda, MD, MPH

Instructions to Preceptor:

1. Review this document with the fellow at the start of the rotation.
2. At the end of the rotation evaluate the fellow using the attached Competency Based Evaluation Form (or contact the Training Program to obtain access to an online evaluation forms.)

Instructions to Fellow:

1. Review this document with the preceptor at the start of the rotation.
2. Obtain the completed Competency Based Evaluation Form from the preceptor on the last day of the rotation.
3. Review the completed evaluation with your advisor.

Instructions to Advisor:

1. Review all Competency Based Evaluation Forms at the next Biannual Evaluation.

Rotation Schedule (see OB Core document):

Modified RRC Program Requirements in Gynecology (From ACGME webpage)

All fellows must receive one month of structured curriculum in gynecology;

(a) All fellows must be trained to competency in normal gynecological examinations, gynecological cancer screening, preventive health care in women, common STD's and infections, reproductive and hormonal physiology including fertility, family planning, contraception, options counseling for unintended pregnancy, pelvic floor dysfunction, and disorders of menstruation, perimenopause, and postmenopause, including osteoporosis. In addition, the program should provide adequate instruction and clinical experience in issues of sexual health, management of breast disorders, management of cervical disease. Fellows should become competent in the performance of appropriate procedures.

(b) This structured experience must be in addition to the routine gynecologic care of continuity patients in the FMC and the gynecological experience gained during family medicine call.

(c) Special sessions dedicated to gynecological care may be arranged in the FMC, provided that the training program can document that these sessions are used for gynecology care above and beyond the routine care provided by the continuity physicians.

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GOALS:

Fellows will be able to identify, diagnose and treat common problems related to abnormal uterine bleeding, infertility and premenstrual syndrome. Fellows will demonstrate knowledge and appropriate management of benign and malignant diseases of the breast and female genital tract.

Fellows will be able to counsel women regarding unintended pregnancy in a non-judgmental manner. They will be familiar with medical and procedural abortion and with complications. They will be familiar with how to perform ultrasound assessment of gestational age, Rh typing, pregnancy options counseling, first trimester procedural and medical abortion, recovery room evaluation and post-medical abortion follow-up evaluation.

Patient Care

Fellows will describe the clinical signs and symptoms and demonstrate the diagnostic skills to identify of the following conditions:

1. Breast fibrocystic change, fibroadenoma and malignancy
2. Ovarian, endometrial and cervical cancer
3. Premalignant disease of the cervix, vagina and vulva
4. Dermatoses of the vagina and vulva: lichen sclerosis, psoriasis, vitiligo,
5. DUB
6. need for Colposcopy
7. Demonstrate bimanual exam to accurately size uterus
8. Describe evaluation for ectopic pregnancy

Fellows will become proficient in the following skills:

1. Cervical and vaginal cytology
2. Wet mount evaluation
3. Describe an endometrial biopsy
4. Describe IUD placement and removal
5. *Describe nexplanon placement and removal*
6. *Describe manual vacuum aspiration of the uterus*

(5 & 6 may or may not be done at your facility – be familiar with what is available in China)

Medical Knowledge

Fellows will

1. Be able to structure a basic work up, counsel and refer their patients as needed for infertility.
2. Demonstrate knowledge of human sexuality including: physiology of sexual response, homosexuality and bisexuality and take a competent sexual history
3. Describe diagnosis and treatment of sexual dysfunctions
4. Identify common pelvic floor dysfunction including prolapse and incontinence
5. Identify causes of and treatments for acute pelvic pain including PID, endometriosis, ovarian cyst, adenomyosis
6. Describe symptom control in menopause
7. identify causes of and treatments for vaginal bleeding in reproductive age and postmenopausal ages
8. Identify causes of and treatments for chronic pelvic pain
9. Demonstrate triage of abnormal pap smears
10. Be able to diagnose and treat osteoporosis
11. Be proficient in the use of contraception including side effects, risks and benefits.
12. Be proficient in the diagnosis and management of domestic violence, rape and sexual harassment
13. Be proficient in the diagnosis and management of mood disorders, problems with self esteem, eating disorders and obesity and substance use disorders

14. Be proficient in the diagnosis and management of community health issues including disparities in women's access to health care and the prevention of teenage pregnancy
15. Provide preventive health counseling including nutrition and exercise
16. Understand cancer screening: Papanicolaou test, breast exam, mammography
17. Be proficient in the diagnosis and management of osteoporosis
18. Describe medical abortion protocols
19. Understand complications of procedural and medical abortion

Practice-based Learning and Improvement

The fellow will use information technology and evidence-based medicine when available and appropriate to optimize patient care.

Interpersonal and Communication Skills

1. Demonstrate effective communication skills with patients and families.
2. Demonstrate effective communication skills with the medical team.
3. Educate patients and families effectively about diagnoses, treatment plans and options.
4. Demonstrate ability to obtain informed consent
5. Provide patients with clear, appropriate discharge instructions.
6. Document patient care thoroughly and accurately in the medical chart.
7. Counsel patients regarding the prevention and early detection strategies
8. Provide non-directive counseling to patients with unintended pregnancies

Professionalism

1. Demonstrate respect for patients/families
2. Demonstrate respect for the medical team.
3. Maintain patient privacy/confidentiality.

Systems-Based Practice

1. Reflect cost-consciousness when considering diagnostic and therapeutic options.
2. Recognize presentations that warrant consultation with a specialist or other health care provider.
3. Have a fundamental knowledge of common legal procedures in cases of assault/abuse.
4. Recognize the role of the gynecologist and sub-specialist.
5. Recognize the importance of registries for following abnormal pap smears, CIN and other chronic medical conditions